



Life after 22, close to home

Your own apartment in Coconut Creek, with coaching, friends and something to do every day.

What FIL is

The Foundation for Independent Living is a private nonprofit community for adults with diverse abilities, started by two families in 1985.

What they would have

Their own apartment

Private one- and two-bedroom apartments at Cypress Shores in Coconut Creek, each with a patio or balcony.

Staff close by

Three FIL team members live on site, and support is available 24/7.

Coaching that continues

One-on-one life coaching in cooking, budgeting and getting around, and community-based employment services.

A full calendar

237 activities in September 2024: outings, Special Olympics, clubs and trips, with something every day.

Is FIL right for your young adult?

Adults who handle basic self-care, can communicate their needs (spoken or with support), and are comfortable with some structure.

It isn't the right place for serious psychiatric or emotional conditions that affect behavior, or medical conditions that need clinical monitoring every day or week.

Visit us

1. Call and tell us about your young adult
2. Tour Cypress Shores and the campus together
3. Stay a night or two to try it

Cost

FIL is private pay only. We don't accept insurance or Medicaid. Current rates on request.

Come for a tour Call (954) 968-6472 or visit filinc.org. 1367 Lyons Road, Coconut Creek, FL 33063.