



Supported independent living, in South Florida

What you need to judge the fit for a client, on one page.

At a glance

Their own apartment

Private one- and two-bedroom apartments at Cypress Shores in Coconut Creek, each with a patio or balcony.

Staff close by

Three FIL team members live on site, and support is available 24/7.

Coaching that continues

One-on-one life coaching in cooking, budgeting and getting around, and community-based employment services.

A full calendar

237 activities in September 2024: outings, Special Olympics, clubs and trips, with something every day.

Who does well here

Adults who handle basic self-care, can communicate their needs (spoken or with support), and are comfortable with some structure.

FIL is community-based: residents have staff close by, not one-on-one supervision around the clock, and families accept the ordinary risks that come with independence.

Not the right fit

Serious psychiatric or emotional conditions that affect behavior, or medical conditions that need clinical monitoring every day or week.

How a family starts

1. A conversation, by phone, Zoom or in person
2. A tour with the young adult
3. An application, reviewed by our leadership and medical team
4. A one- or two-night trial stay
5. A decision meeting, then transition meetings and move-in day

Cost

FIL is private pay only. We don't accept insurance or Medicaid. Current rates on request.

Since 1985

Founded by two families, the Bedermans and the Mishners, and still a private nonprofit. Luise Mishner has lived at FIL for more than 40 years.

See it for yourself A tour in person or by video takes about 20 minutes. Call (954) 968-6472.